

ORIENTAL MEDICINE COURSE

INTRODUCTION

The course introduces modified forms of acupuncture analgesia, which are developed in Japan (using intracutaneous needles, heat stimulation using sticks, ear acupuncture, and point-pressure stimulation using seeds). The techniques can be effective, simple, inexpensive, and applicable to promote health with/by the people. The participant is expected not only to acquire the shared technique but also to modify and interpret them so as to make it an appropriate technology in her/his local setting. As such, the techniques can also contribute to shifting emphasis from commercialized, doctor-centered medical services to people-centered health action based on cooperation between health professionals and the community.

The course is offered in conjunction with the International Leadership Development Course (ILDC). Participation is limited to one or two community-based health and medical professional participating in the ILDC.

AHI has conducted this course for more than 20 years. Compared with the past, now there is much limitation. But the relevance and effectiveness of ICN therapy to apply in Asian rural setting as an appropriate technology is still high and AHI is offering the opportunity to learn it.

OBJECTIVES

The participant will acquire basic understanding and skills in the use of modified forms of acupuncture for pain management and other functional diseases, and for training purposes. Also, the participant will learn about Japanese alternative therapies based on his/her needs and expectation. The course aims to provide additional tools for the participant's work for people's health empowerment and self-reliance.

CONTENTS AND METHODS

One of the contents of this intensive course is an internship at the Kagami Clinic. Contents will cover theory and techniques of modified acupuncture; mechanisms of pain in the biomedical framework; meridians, and identification of stimulating points for specific symptoms; how to use Neurometer (to detect/treat tender points), preparation of tools such as intracutaneous needles, seeds for pressure stimulation, electric detector/stimulator. Another content is about alternative medicine in Japan, which will be arranged upon request. The participant will prepare training manuals or action plans for use of the shared skills and knowledge upon return to work in the participant's

home country.

PARTICIPANTS

One or two participants will be selected. The applicants should :

- ◆ Have substantial medical background or be involved in practice of alternative medicine. Medical doctor or health worker who has experience in acupuncture treatment;
- ◆ Have field experience in community-based health care;
- ◆ Have ability and attitude to apply and develop the acquired techniques in their context;
- ◆ Intend to use modified forms of acupuncture skills for community medicine and health care work, as well as organizing training programs for health workers;
- ◆ Be accepted as a participant in the AHI International Leadership Development Course (ILDC) held immediately before this course;
- ◆ Have strong commitment and support from her/his sending organization to allow full utilization of the learning and techniques acquired from the course.

DATES (Following the ILDC)

October 10 (Tue), 2006 - October 21 (Sat), 2006

VENUE:

Kagami Clinic, Nagoya City, Japan

Asian Health Institute, Nisshin, Japan

TRAINER:

Rokuro Kagami, M.D., Kagami Clinic Honorable Director

Hiromi Kawahara, M.D., Chairperson of AHI Hospital

FINANCIAL REQUIREMENTS, APPLICATION PROCEDURE, DEADLINE, AND CONTACT PERSON are the same as for the International Leadership Development Course (ILDC). In addition, a separate application form for the Oriental Medicine Course should be attached to the ILDC application form. (If you would like to apply for the Oriental Medicine Course, please request a separate application form, in addition to the ILDC application form)

SPECIAL NOTICE ABOUT SUPPLIES AND EQUIPMENT

Neurometer, a handy machine for point detection and stimulation for treatment, and

ICN needle making machines devised by AHI alumnus are very effective tools and are used for larger purposes in community health activities. As AHI strongly suggests to purchase them, AHI will share the cost on 50 - 50 basis, as well as other supplies such as needles, forceps, tape, wire for needle making, meridian chart posters and doll, etc. Sending organization is expected to prepare a minimum of US\$500 to purchase all of these equipments.

APPLICATION PROCEDURE

Please complete and submit the following documents together with all the documents required for ILDC application:

1. AHI official application form for OMC 2007
2. Statement by the sending organization with information
3. All the documents required for ILDC application (AHI official application form for ILDC with two passport size photos and Statement by the sending organization with information, and Brochure and Annual/Activity report)

DEADLINE FOR SUBMISSION (All the **original** documents must reach AHI by):

April 16, 2007

All applicants will be informed of the selection results approximately one month after the application deadline. Successful applicants will also receive a set of documents for visa application as well as information on traveling to and living at AHI.

CONTACT PERSON

Kagumi HAYASHI (Ms.)

General Secretary

Asian Health Institute (AHI)

987-30, Minamiyama, Nisshin

Aichi, 470-0111 JAPAN

Tel : 81-561-73-1950

Fax : 81-561-73-1990

E-mail: ahi@jca.apc.org

URL: <http://www.jca.apc.org/ahi/english/english.html>

(The course outline and the application forms
could be downloaded from the AHI website)